



# Life Panels.

#### LIFEPANELS.COM

### GLOSSARY

**Density kg/m<sup>3</sup>** The mass per volume of a material - Higher the Better

#### Thermal Conductivity W/mK

The rate at which heat passes through a material - Lower the Better

# Specific Heat Capacity J/kg.K -

How much heat can be stored in a material. Not how much heat it needs to change its temperature - Higher the Better

#### Thermal Diffusivity m<sup>2</sup>/s -

The rate of temperature spread through a material - Lower the Better

**Volumetric Heat Capacity J/m<sup>3</sup>.K** - The ability of a volume of a substance to store heat while undergoing temperature change - Higher the Better





# The solution: Insulation is about thermal performance and must have the following four in abundance:

## 1. High Density

For sound and overheating control. **2. Low Thermal Conductivity** To reduce heat loss and for more comfort High Heat Storage
For temperature control
High Vapour diffusion
To deal with moisture